CLASS 1 SYLLABUS 2025-2026

ENGLISH I

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

First Term Syllabus

- 1. The Sentence
- 2. Nouns
- 3. Singular and Plural
- 4. Gender
- 5. Pronouns
- 6. Articles
- 7. Verbs
- 8. Adjectives
- 9. Questions
- 10. Comprehension: 1. Jo and Fluffy
 - 2. The Clever Barber
 - 3. Mrs Hen
 - 4. Ashu's New Pet

Oral Work/Activities

- 1. To speak on general topics like My family, My school, My best friend, The school garden, My favourite game and so on.
- 2. To give dictation from unseen passages.
- 3. Picture reading.
- 4. Speaking on activities held in school.
- 5. Naming the things present in the class and thereby identifying the parts of speech taught.
- 6. Reciting poems.
- 7. Giving simple directions.
- 8. Listening to small unseen pieces from "Comprehension and More" to be read out to the students.

Second Term Syllabus

- 11. Am/Is/Are (to be verbs)
- 12. There is/ There are
- 13. This/ That/ These/ Those
- 14. Has/ Have (have verbs)
- 15. Punctuation: Capital letters/ Full stops/ Question Marks.
- 16. Tenses
- 17. Prepositions (Place and Time)
- 18. Conjunctions (And)
- 19. Parts of Speech done in 1st Term (Revision)

CLASS 1 SYLLABUS 2025-2026

ENGLISH I

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20. Comprehension: 5. The Little Seed

6. The Three Fish7. Brave Dorado8. My Robot

Oral Work/Activities

- 1. To give simple directions like walking to your left, keep your books in order, speak politely and so on.
- 2. Animal stories
- 3. Oral discussion followed by pupils writing a paragraph on: How I spent my vacation? What do I do on Sundays? and so on.
- 4. Animal sounds and homes.
- 5. Make the children identify things and actions and thereby revise the parts of speech.
- 6. Simple passages to be read and recitation to continue.

Teaching Learning points:

Very young children love to name things (nouns), identify where things are (prepositions) and do things (verbs). This opens up a world of action and forms the first step to language learning. The teaching of grammar should be situational and communicative. Avoid formal rules and definitions in the use of Grammar. It should be integrated with reading and with written work

CLASS 1 SYLLABUS 2025-2026

ENGLISH II

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

First Term Syllabus

- 1. The Jackal and the Turtle
- 2. Anil's Bag
- 3. I'm a Turtle
- 4. Little Red Hen
- 5. Spider in the Room
- 6. The Rain
- 7. The Peacock and the Crow
- 8. A Lost Button
- 9. Little Birdie
- 10. Honey Bees

Second Term Syllabus

- 11. The Oak Tree and the Reeds
- 12. Go Wind
- 13. Town Mouse and Country Mouse
- 14. The Cloud
- 15. Crayons
- 16. Poppet
- 17. The Yellow Cheese
- 18. "Quack!" said the Billy Goat
- 19. Humpty Dumpty
- 20. Trees

Note: In Eng 2 Syllabus, words in Italics indicate poems Teaching Learning points:

The introduction of literature in Prose will be through story telling, and the pupils' attitude towards books and good literature will be based on this foundation.

The next stage will be through reading of stories by the teacher. These stories should appeal to the children and the teacher should read as expressively as possible to make the story alive.

From reading aloud by the teacher, the pupils should be introduced to the silent reading of stories. Children find interest in tales based on History, mythology, legend, mystery and adventure. Folk tales also have appeal.

Teachers should permit plenty of discussion at convenient points. The books and stories should be used for composition exercises. The teacher should be able to enthuse children to want to read for themselves.

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ENGLISH II

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The following stories can be read out to the children: e.g. "The Tenth Fisherman", "The three Billy Goats Gruff".

Recite the poems "When I Was One", "I Like Little Kitty".

Note: Stories must be selected with great care. There should be no cruelty portrayed, lest sensitive children can be disturbed or others inspired to cruelty. Also avoid undue violence and deceit, especially that which involves step-mother/sister/brothers.

Handwriting

- 1. It should be distinctive each letter should have a characteristic of its own.
- 2. It should be simple with no unnecessary flourishes.
- 3. Oral discussion followed by pupils writing one or two sentences on: where I went. what I saw , What I did , Where I live.
- 4. Draw objects and identify them.
- 5. Name objects seen in a picture and write about them.
- 6. Filling in missing letters and words.
- 7. Filling in words in sentences which will be known from the context.
- 8. Building sentences from substitution tables.
- 9. Jumbled sentences.

Spelling and Dictation:

A rough guideline for selection of words would be the usefulness and productivity of the word selected. How useful is it to the pupil to learn to spell a particular word? How the spelling of a spelling of a particular word enables the child to spell other similar words determines the productivity of the word.

Some people remember words by the sound, some by the work, while others remember them by writing. Spelling is learnt through the eye, or the ear and is fixed by spoken and written repetition. All these processes must be used to inculcate good spelling habits.

Play Acting:

Children in the age group of 5 to 6 like dressing up and like to use dramatic properties. Something, just some symbolic dress is enough, like a train for a nurse, turban and stick for an old man.

Here again the play of children will be undirected, but where possible, group play should be stimulated. The teacher can help by tactfully making suggestions. The next stage may follow easily.

CLASS 1 SYLLABUS 2025-2026

2nd Language - Hindi

(Based on Curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1st Term Syllabus

Gunjan Hindi Pathmala – 1

- 1.Swar ki pehchan aa se aang tak
- 2.Kavita bus aayi, daawat, sitar baaza,gudiya ki chunari,tarbooj ka ras,gutaru kabutar,geeta aur veena,sher ki dahar,maina udhh,tota aur mor,lauki ki bel,mele ki sair.
- 3.Geet chanda mama,paratha aloo ka,makri rani,pakodi,mera pariwaar.
- 4.Duskhadi
- 5.Sharir ke aang.
- 6.Sanyuktakshar

Bhasha Adhigam evam Vyakaran - 1

- 1.Bhasha
- 2.Varn/Varnmala
- 3.Shabd aur Vakya
- 4.Sangya
- 5.Ling
- 6. Vachan (swaymulyankan ke liye prashanpatra-1)
- 7.Viseshan

2nd Term Syllabus

Gunjan Hindi Pathmala – 1

- 1.Do vyanjan saath-saath
- 2.Dhwaniyon ke chinh
- 3. Aar ke bahut –se roop
- 4.Aao gine
- 5.Chitra-varnan
- 6.Geet-Maukhik
- 7.Padhne ke bari –barkha rani,main kisi ko nahi marunga,metro ki sair, doctor giraffe,aap jante hain,kaise lagte bhaloo ram
- 8.Inhe bhi jaano
- 9. Khel-khel mein
- 10.Chitra-pathan
- 11.Aao kuch kare
- 12. Socho aur baataon

Bhasha Adhigam evam Vyakaran – 1

- 1.Kriya
- 2.Vilom
- 3.Janwaron aur pakshiyon ki boliyon
- 4.Din,Saptah,Mahine,Varsh
- 5.Aao kahani likhe
- 6.Aao likhe
- 7.Chitra varn

CLASS 1 SYLLABUS 2025-2026

2nd Language - Bengali (NO STUDENTS)

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1st Semester

- Aa kar jukta matra
- 2 and three letter words spellings with pictures
- AAkar, Ikar, EEkar matra joge words spelling
- Ukar, UUkar, Rekar, likar, Ekar, Oikar joge spellings
- Work Book 3,4,6,7,8,9,10,11,12,13,14,17,21,25,35
- Numerical and spellings (1-10)
- Sahaj Path: Prose 2nd and 3rd lessons
- Sahaj Path: Poetry (22-23) Naam tarMotibil
- Name of the Colours and their spellings
- English translation of each word using all matras learnt

2nd Semester

- Sahaj Path: Prose 3rd,4th,5th,8th lessons
- Spellings, Fill in the blanks, short questions and answers
- Sahaj Path: Poetry Eseche Sharat, Kal chilo dal khali
- Work Book 39,38,37,33,32,29,15

CLASS 1 SYLLABUS 2025-2026

3rd Language – Gujarati

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1 ST TERM

- 1) Swar- Oral and Written
- 2) Vyanjan Oral and Written
- 3) Conversation
- 4) Poem

2 ND TERM

- 1) Counting –1 to 10 in numbers .English to Gujarati
- 2) Handwriting
- 3) Conversation
- 4) Words with two letters

CLASS 1 SYLLABUS 2025-2026

Mathematics

(Based on Curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1st Term syllabus

- 1. Numbers(1-20)
- 2. Addition (1-10)
- 3. Subtraction(1-10)
- 4. Shapes and Pattern
- 5. Addition(1-19)
- 6. Subtraction(1-19)
- 7. Numbers(21 100)

2nd Term syllabus

- 1. Numbers(21 100) continued
- 2. Subtraction(1-19) continued
- 3. Measurements
- 4. Addition and Subtraction(1-99)
- 5. Money
- 6. Time
- 7. Data Handling

CLASS 1 SYLLABUS 2025-2026

Environmental Education

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1st Term

- 1. About Myself.
- 2. Our body: Learning about Personal cleanliness and good habits.
- 3. How our body parts help us.
- 4. Clothes.
- 5. Our Food.
- 6. Keep Healthy. Cleanliness and Care of the Environment

2nd Term

- 1. What to do and where to do. Environment and Child's Needs
- 2. Animals and their Homes. Physical features of the local area like flora, fauna, landscape.
- 3. People who help us.
- 4. Neighborhood Services.
- 5. Places of Worship
- 6. Good Manners and Habits.
- 7. Traveling is Fun.
- 8. Up in the Sky.

Teaching and Learning points:

The entire transaction process should be woven around the child's immediate environment with the teacher being perceived as a curriculum constructor. The curriculum for Environmental Education for this class will be transacted through language, mathematics and the Art of Healthy and Productive Living.

CLASS 1 SYLLABUS 2025-2026

General Knowledge

(Common to all Classes with varying degree of learning objective)

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1. SUCCESS SKILL - PERSONALITY DEVELOPMENT

- The grooming of self-confidence begins with the developing of one communication skills.
- Just bookish knowledge is not enough
- To be successful in today's world, we must know how to express what we know.

2. SUCCESS SKILL - LIFE SKILL

- The relevant knowledge required for everyday existence.
- To encourage students to be aware of what is happening around them and how to respond and react in their everyday environment.

3. SUCCESS SKILL – GENERAL KNOWLEDGE

- Relevant and useful information for everyday life.
- Gradation of knowledge according to class.

4. SUCCESS SKILL - CREATIVITY AND THINKING SKILLS

- Like our bodies, our brain too needs regular exercise.
- Interactive exercises and mind games that will help the students to think logically and to stimulate their thought processes.

Note:

- Class wise detailed syllabus will be as per the series of the prescribed book. (The series number corresponds to the class)
- Classes I-IV Projects & worksheet based
- Classes V-VII a) Written exams with grades
 - b) Quiz /Scrap books on different topics
 - c) Projects Current affairs, Geography, History etc
 - d) Quiz may be conducted by the students on any of the above mentioned subjects.
 - e) Question bank may be compiled.

CLASS 1 SYLLABUS 2025-2026

Value Education

(Common to all Classes with varying degree of learning objective)

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1st Term

- 1. Sleep well, Sleep on Time
- 2. Be Kind to Animals
- 3. Be Truthful and Honest
- 4. Loving and Respecting our Elders
- 5. Good Manners

2nd Term

- 6. Making friends
- 7. Being Helpful
- 8. Being Happy and Cheerful
- 9. Being Obedient
- 10. Safety First

The above can be channelized into academics for senior students in the following ways-

- The writing skills can be channelised into literary works which involves imagination.
- Activities which involve public speaking and shouldering responsibilities, will embolden the student
 in the higher classes, to take up greater responsibilities like captainship, oral projects and literary
 events which require addressing a crowd.
- If Value education is taught to a small group, every child will get individual attention so students will be able to overcome their inhibitions and be interactive in academic sphere.

CLASS 1 SYLLABUS 2025-2026

Art

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

Form

Forms; Lines, shapes and sizes of the objects in the immediate surroundings/environment, both natural and man-made.

Colour

Colours and naming them after common objects /flowers /fruits / vegetables /animals etc. Understanding and using the characteristics of colour – hue, tint, shade

Learning Outcomes:

- Children will be able to: identify and name different colours of household objects, furniture items, flowers, vegetables, fruits, plants and trees
- paint directly on paper with liquid (water based) colours
- draw images (dry colours) of their liking from the immediate surroundings and colour them in appropriate colours
- create new colours/shades by mixing primary colours
- demonstrate use of extended vocabulary related to theme
- link the experience and understanding of colours with learning of language and EVS
- engage and learn to observe and explore immediate surroundings for joy of knowing different hues and colours
- feel better emotionally/internally after experiencing with colours of their choice;
- appreciate beauty in nature and in human-made object

CLASS 1 SYLLABUS 2025-2026

Computer Studies

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

1st Term Syllabus:

- 1. Computer A Machine
 - Computer a machine and its characteristics
 - Types of Computers
- 2. Uses of a Computer
 - Uses of computers in daily lives.
- 3. Parts of a computer
 - Main parts of a computer meaning and functions (CPU keyboard, mouse and monitor)
 - Additional devices connected to a computer :(printer, scanner, speaker etc.)
- 4. Learn to create computer programs, develop problem-solving skills, and work through fun challenges by using Pre –Reader Express (Version 2022)
 - Learn to drag and drop
 - Sequencing with Scrat

2nd Term Syllabus

- 1. Using Computers Do's and Don'ts
 - Guidelines while working on the computer
- 2. Computer Mouse
 - Mouse Buttons
 - Scroll wheel
 - Skills to be practices while using a mouse
- 3. Computer Keyboard
 - Alphanumeric keys: alphabet (a-z), number (0-9)
 - Arrow keys
- 4. Storage Devices
- 5. Learn to create computer programs, develop problem-solving skills, and work through fun challenges by using Pre –Reader Express (Version 2022)
 - Programming with Angry-birds
 - Programming with Rey & BB-8
 - Programming with Harvester

CLASS 1 SYLLABUS 2025-2026

Computer Studies

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Suggested Learning Resources:

- 1. Windows 10 (Handling mouse and keyboard)
- 2. Typing Master (To identify the keys of keyboard)
- 3. Code.org To learn Coding with Pre-Reader Express (Version 2022)

CLASS 1 SYLLABUS 2025-2026

Music

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- 1. Develop competence in playing pieces in several parts.
- 2. Develop competence in presenting performances.
- 3. Develop competence in responding to music.
- 4. Develop competence in recording compositions
- 5. Songs for Rabindra Jayanti Celebration.
- 6. Song for Independence Day.
- 7. Songs for Republic Day.

CLASS 1 SYLLABUS 2025-2026

Physical Education

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

First Term Syllabus

Key Concepts	Suggested Processes/Activities	Suggested Learning Resources
Speed	15 metres run 20 metres shuttle relay (without equipment, high knee, back kick, back walk/run, sideways run) Running on hoops Arm Drive	Race track Cones/bean bag/soft ball/hula hoop
Agility	Quadrant jump Zig-zag run Running forward, backward and sideways and change direction in response to signals Ladder drills	Flat surface with appropriate marking Whistle/Verbal command Ladder
Flexibility	Stretching exercises (solo stretches and partner stretches) Sit and reach - sitting down with leg straight and feet together. Toe touch - stand and touch the toes slowly Back Arch (Bridge)	Flat Surface Mats
Coordination	Bouncing and catching Tossing and catching Throwing and catching P.T Drills (with or without equipment)	Basketball size-3 Tennis ball Lazium, dumbbells, hoops or any other equipment
Balance	Walking on the bench One leg balance Balance walk with bean bag on the head Walk on toes	Bench with 6 inch /12 inch width and two feet height Bean bag
Endurance	Tag games Direction run Shuttle run (with equipment) Relay (hopping, kangaroo jump, skip and run)	Field and cones to mark the boundary. bean bags / rubber balls/baskets
Strength	Underarm throw Wheel Barrow Front and lateral jump (e.g. The activity - 'In the river on the bank' Pushing the wall (two hands/ one hand)	Basketball size-3 Lines marked on the ground Wall

CLASS 1 SYLLABUS 2025-2026

Physical Education

(Based on new curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

First Term Syllabus

Games/Sports Skills

Team Game

1. Basket ball

Second Term Syllabus

Games/Sports Skills

Team Game

- 2. Football
- 3. Cricket
- 4. Athletics

Key Concepts

CLASS 1 SYLLABUS 2025-2026

DANCE

(Based on Curriculum issued by the council for the Indian School Certificate Examination, New Delhi First – Edition Nov 2016, Published by RDCD)

- * Exercise to improve body language for dance.
- * Footsteps, positions, hand movements of Uday Shankar Dance style.
- * Basic body postures of Indian classical dance
- * Basic body postures of western dance.